#### metr⊕

#### Inside HR

# VICKI SALEMI

Vicki Salemi is a career and human resources expert and consultant with 16-plus years of hands-on management experience. She's a public speaker, coach, the author of "Big Career in the Big City" and on-air host of "Score That Job."





# **HOW TO DEAL WITH A HORRIBLE BOSS**

If you're among the 84 percent of global workers who think you can do a better job than your manager, per data from a Monster survey, you're not alone. But what happens when your boss is firmly intact in his or her role and you feel stuck?

Ás "Horrible Bosses 2" gets released this week, we're reminded of the plethora of wretched bosses right down to Jennifer Aniston's role as a seducer boss. The good news? You're never truly trapped. Here are a few ways to get yourself out of a horrible situation.

## How to spot one

There are a few red flags during the interview that your boss will be a stinker. See if they're punctual for the interview; do they respect your time? If they don't give you their undivided attention during the



interview, don't expect to ever get it later on.

Do they provide you with clarity regarding what it takes to succeed on the job? Do they demonstrate anger toward employees? Keep an eye out for red flags.

## How to ditch one

If your boss seems horrid after you're hired you have some options. The first is to find a new job. The wrong boss can make your job and life miserable, killing your self-esteem. Look internally and externally. Your success and happiness at work ultimately point to who you work for.

Your next option? Deal with it and hope that you or your boss gets promoted or transferred.

## Ask for help

## What about HR?

Another option that is typically dead-end involves human resources. Yes, HR is technically the watchdog of the organization to serve this very purpose, but in reality, it's not effective in this role. Politics come into play and there's gray area when it comes to proof.

If the situation crosse the line to harassment, another option is to sue, but it's not so easy. Employment attorney Albert Rizzo explains, "Today it is very easy for a prospective employer to check on a prospective employee's litigious background — and if there is an employment suit in the background, it may close the door on any potential hire."

# INVISALIGN DENTAL GENTER **IN THE CHRYSLER BUILDING 42ND AND LEXINGTON**

Invisalign providers since 2005 with Elite status Full Invisalign treatments

are only

Express invisalign \$1999

0% Financing available



Limited time offer **November 30th** 

www.kakosiandental.com 888-711-0267



#### 6-12 MONTH AWARD-WINNING **DIPLOMA PROGRAMS IN:**

- Culinary Arts
- Culinary Management Hospitality Management

Externships & Job Placement • Full & Part-Time Schedules

See ICE in action at youtube.com/iceculinary



Institute of **Culinary Education** EST. 1975

ice.edu/METRO (888) 693-CHEF 50 West 23rd St • NYC Find your culinary voice"

Pastry & Baking